

MEL and Master Luong Minh Dang

MEL Toronto

Most of us are very familiar with or at least have heard about Eastern healing treatments, such as Chi-Gong, Yoga, Reiki, or Acupuncture. But how many of us know about the modality of using Universal Energy as a healing concept and its benefits? In light of the Chinese New Year, we would like to take this opportunity to introduce the concept of healing using Universal Energy, the activities of the Mankind – Enlightenment – Love (MEL) organization, and its founder, Master Luong Minh Dang.

What is the Universal Energy? Universal Energy is the energy of Creation or a Life Force that exists from the beginning of time. It is the driving force of life for all living creatures on earth, including human beings, animals, plants and even bacteria. Though we cannot see the energy with our bare eyes, yet we are using it every day in our life. We depend on the energy to help us accomplish our tasks and maintain our standard of living. The source of Universal Energy is from the infinite Universe. Let's take an example of a radio station which sends out invisible, inaudible sound waves bouncing through the air. A device, called radio receives and processes that energy to produce sounds audible to the human ears. Similarly, the human body, a receptacle for Universal Energy, receives and processes it in a very specific way to heal physical and psychological illnesses.

We are innately and always connected to the universe not only by the human five senses, but also through the main nerve points called Chakras and the nervous systems of the body. Humans have the abilities to channel and process Universal Energy, the Energy of the Universe, for healing purposes simply by activating the Chakras or the energy pathways to their maximum potentials. In the mankind Enlightenment Program the process is referred to as opening the Chakras 100%. Once this is accomplished, Universal Energy is then absorbed by the Chakras and is circulated through the nervous channels to every organ and cell in the physical body. This energy flow opens up blockages and restores physical as well as emotional balance. Moreover, in addition to maintaining our own well-being, the modality is also used to help others by the transferring of Universal Energy to them.

From a philosophical point of view, Universal Energy brings unity and harmonization to our mind and body. In fact, the true nature of opening Chakras is to help us to receive the Spiritual (Bodhi) Seed of Love and Compassion from the Supreme Being. We will have a higher sense of awareness about our body and more confidence in our mind as a result of positive thinking. This makes our Soul learn and progress quickly on the Spiritual Path.

Master Luong Minh Dang once stated that "this teaching does not only involve the Chakras' system and healing, there are many aspects in life that need our assistance and contribution." A unique meditation, which Master Dang developed, helps the body and Soul to evolve to a higher level of consciousness and to utilize Universal Energy more efficiently. This method which involves breathing exercise and mind relaxation, trains us to focus our mind and to put aside distractions. It helps us to understand what is false, what is temporary, and what is eternally lasting. Gradually, we can develop the quality of calmness, acquire self-control, tame our ego and conquer fears in our mind, so that deep down we believe in ourselves and have neither worries nor fears. As a result, we will improve our personality and thinking process. We will be able to understand what our true purpose is in this incarnation, thus, bringing more meaningful deeds in our daily existence and to humanity.

From discoveries made during his thirty five years of study and research in the healing effects of spirituality, Master Luong Minh Dang founded the Mankind-Enlightenment-Love (MEL) organization in 1989. The objective of the organization is to teach mankind an alternative way to heal the body, and to discover the integral relationships among body, mind and soul, regardless of religions, educational background, race, social standing, or gender. Through the combined applications of Yoga meditation, Chakras opening and Universal Energy transfer, we can extend our knowledge to have a better view about life from both – physical and spiritual perspectives.

Another advice from Master Dang is, "Do not fear. We should know that fear is the main factor that blocks our wisdom and takes away our freedom. More fears will bring less freedom. If we can get rid of our fear, we will be able to fully utilize and focus our mind to deal better with the daily problems. Otherwise, our mental capacity is limited within the constraints of our fear, thus blocking our freedom and potentials." Most of the

MEL practitioners who follow Master Dang for many years, admit that they can adapt faster to the sudden changes in life. They can bear more under the most difficult situations that they would normally fail. Universal Energy is the Life Force. If we truly believe this fact, then we can go on this path to reach our destiny to help humanity.

In 1972, Master Dang had learned the Universal Energy Healing from an Indian Spiritual Master, named Dasira Narada II, and became Dasira Narada III. In July 1989, Master Dang began teaching his Universal Energy Healing techniques to a small group of people in California, USA, and founded the Mankind – Enlightenment – Love (MEL) organization. Since then, the number of students has grown world wide to over three million practitioners in over 70 countries.

Master Dang's works in Universal Energy Healing and spirituality for more than three decades was recognized by the School of Complementary Medicines. He received the Doctorate Degree of Philosophy in the Open International University for Complementary Medicines in Munich, Germany in September 1994, and the Doctor of Science Diploma in Colombo, Sri Lanka, in April 1996. He was officially appointed by the Open International University as Professor in November 1997 and became a member of the Board of Governors of the University. Besides, Universal Energy Healing has become a division of the Open International University for Complementary Medicines in Colombo, Sri Lanka. Master Dang was also presented the Albert Schweitzer Award 2001 at the World Congress of Alternative Medicines in November 2001, Australia.

Through eighteen years of teaching the Spiritual Path, Master Dang effortlessly devoted all of his time to pass on all his discoveries and techniques to help MEL practitioners to understand, to be enlightened and to practice the applications of Universal Energy to help all the living creatures on Earth. Master Luong Minh Dang passed away on August 12th 2007 in Australia.

Although humankind has advanced greatly in technology and its understanding of the human body, it is still a long way to go before we can claim to know everything. Therefore, it is in the interest of humanity that we keep our minds open to all discoveries. In this material world, we are born with nothing, and when we die we bring nothing with us. Only our Soul will continue to evolve. MEL organization carries out two primary goals – helping human body to gain Wisdom and helping our Souls to achieve Enlightenment through the applications of Universal Energy and Yoga meditation. Anyone, who are interested in practicing the purity of mind and self-restraint, and who are in the search of Wisdom of the body and Enlightenment of the Soul is welcome to check out our MEL Toronto website (www.mel-toronto.com) for further information.
